



Dr. Elizabeth Coldren

CLINICAL PSYCHOLOGIST

CLIENT INFORMATION

When you decide to start therapy, you are investing in your mental health and in your overall health. Because psychotherapy is an active and creative process between client and therapist, it is important that you feel that we are a good “fit.” During the therapy process I want to hear from you how therapy is proceeding, your questions about methods, and your feedback about what is helping and what is not. This makes it possible to more clearly tailor the therapy plan to meet your needs and goals.

Below you will find information regarding my training, philosophy regarding treatment, and office procedures. If you have any questions or concerns regarding any aspect of my practice or my credentials, please discuss them with me.

Training, Experience and Credentials

I am a licensed clinical psychologist. I earned my doctorate in clinical psychology from the University of Denver in 2004. I completed an M.A. in psychology at the University of Denver, also studying at Adelphi University’s Derner Institute in New York. I completed my B.A. in psychology and English literature at Dickinson College in Carlisle, Pennsylvania in 1997. In 2000 I entered the University of Denver’s doctoral program in clinical psychology. Following three years of graduate training and supervision in the practice of professional psychology, I completed a one-year, pre-doctoral internship through the University of Denver’s Consortium in Denver, Colorado. After receiving my doctorate in August 2004, I began full time private practice and became licensed to practice psychology in the state of Colorado. My practice emphasizes child, adolescent and adult treatment and I believe in the importance of the therapeutic relationship in my work.

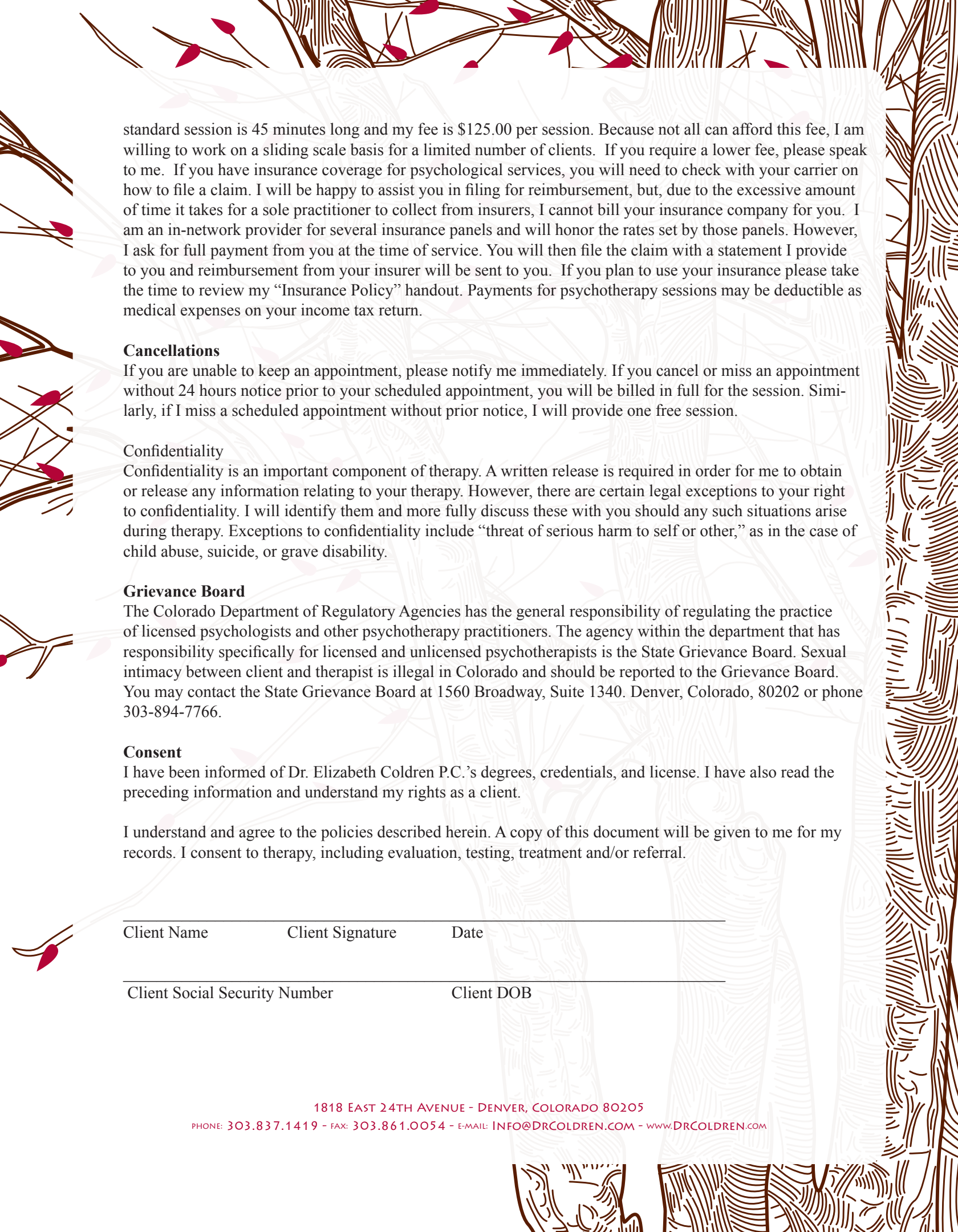
Licensure

My psychology license is a guarantee to you that I have been trained and supervised in the diagnosis and treatment of psychological conditions. My license number in the state of Colorado is # 2915. No one may hold the title “Psychologist” unless she/he meets the specific standards established by the Colorado State Department of Regulatory Agencies which regulate all psychotherapy professionals.

As a psychologist, I practice specific methods of treatment and can explain the theoretical orientations and practical techniques I use. Although the exact length of treatment is difficult to predict, I can provide an estimate of treatment duration. You have the right to know if other treatments are available. I can guide you as to the effectiveness of alternatives. You may end treatment at any time, and you may seek a second opinion if you wish to do so.

Fee Information

I render more effective service as a psychologist when I can focus the bulk of my time and energy on the client rather than on seeking payment. I have instituted the following payment policies to keep my practice client-focused. I must receive payment by cash, credit card or check at the time service is rendered. My time-consuming efforts to chase down large balances in the past have led to hard feelings for both the client and the therapist, so this policy is aimed at preventing balances. My



standard session is 45 minutes long and my fee is \$125.00 per session. Because not all can afford this fee, I am willing to work on a sliding scale basis for a limited number of clients. If you require a lower fee, please speak to me. If you have insurance coverage for psychological services, you will need to check with your carrier on how to file a claim. I will be happy to assist you in filing for reimbursement, but, due to the excessive amount of time it takes for a sole practitioner to collect from insurers, I cannot bill your insurance company for you. I am an in-network provider for several insurance panels and will honor the rates set by those panels. However, I ask for full payment from you at the time of service. You will then file the claim with a statement I provide to you and reimbursement from your insurer will be sent to you. If you plan to use your insurance please take the time to review my “Insurance Policy” handout. Payments for psychotherapy sessions may be deductible as medical expenses on your income tax return.

Cancellations

If you are unable to keep an appointment, please notify me immediately. If you cancel or miss an appointment without 24 hours notice prior to your scheduled appointment, you will be billed in full for the session. Similarly, if I miss a scheduled appointment without prior notice, I will provide one free session.

Confidentiality

Confidentiality is an important component of therapy. A written release is required in order for me to obtain or release any information relating to your therapy. However, there are certain legal exceptions to your right to confidentiality. I will identify them and more fully discuss these with you should any such situations arise during therapy. Exceptions to confidentiality include “threat of serious harm to self or other,” as in the case of child abuse, suicide, or grave disability.

Grievance Board

The Colorado Department of Regulatory Agencies has the general responsibility of regulating the practice of licensed psychologists and other psychotherapy practitioners. The agency within the department that has responsibility specifically for licensed and unlicensed psychotherapists is the State Grievance Board. Sexual intimacy between client and therapist is illegal in Colorado and should be reported to the Grievance Board. You may contact the State Grievance Board at 1560 Broadway, Suite 1340. Denver, Colorado, 80202 or phone 303-894-7766.

Consent

I have been informed of Dr. Elizabeth Coldren P.C.’s degrees, credentials, and license. I have also read the preceding information and understand my rights as a client.

I understand and agree to the policies described herein. A copy of this document will be given to me for my records. I consent to therapy, including evaluation, testing, treatment and/or referral.

Client Name Client Signature Date

Client Social Security Number Client DOB